



THE INTERNATIONAL MOUNTAINEERING AND CLIMBING FEDERATION
UNION INTERNATIONALE DES ASSOCIATIONS D'ALPINISME

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Mission

To increase the knowledge about mountain medicine among doctors and mountaineers all over the world.

Objectives

The UIAA Medical Commission will:

- Continue to maintain a forum of international medical doctors, specialised in the different fields of mountain medicine. This pool of doctors assists the mountaineers and helps the different commissions of UIAA regarding medical problems related to mountaineering.
- Continue to collect and evaluate medical data with practical and prophylactic impact for the mountaineers. This data is made available to all mountaineers in an easy way to understand. For special problems, different working groups are put together in order to find an international consensus and to establish recommendations for doctors and for mountaineers.
- Continue to support the International Society of Mountain Medicine (ISMM). ISMM was founded 1986 by MedCom UIAA in order to do scientific research in the different fields of mountain medicine. ISMM is open for all individuals and all organisations interested in mountain medicine. The president of MedCom UIAA is a mandatory member of the executive committee of ISMM.
- Continue to work as a catalyst for the founding of national societies of Mountain Medicine. These societies organise courses for doctors and for mountaineers.
- Continue to control the quality of the different doctor's courses of mountain medicine and to set standards for the international diploma of mountain medicine. This task is done in collaboration with ISMM and CISA/ICAR.
- Continue the close collaboration with other international organisations dealing with mountain medicine e.g. the Wilderness Medical Society.
- Continue the close collaboration with specialists of the Olympic sports medicine regarding the sections of mountaineering competition within the UIAA.

Goals

The UIAA Medical Commission will:

Meet once every year in a different country for the coordination and exchange of the different working groups.

Update regularly the existing recommendations and establish new recommendations with actual practical impact. The recommendations will be available to everybody on the UIAA webpage.

Meet every three years together with the ISMM and the MedCom CISA/ICAR in order to optimise synergies and to coordinate congresses and publications.

In order to synergise time and travel expenses, the annual MedCom meeting takes place mandatorily before or during an international mountain medicine congress. This congress is always organised or co-organised by the national delegates of MedCom UIAA. The results are always published.