

## 2024 ISMM / WMS CONFERENCE - UIAA SESSION ON “WOMEN AT ALTITUDE”

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### DETAILED PROGRAM, 1 AUGUST 2024, 08:00 GMT-7, SNOWBIRD, UTAH, USA

	SESSION	SPEAKER	COMMENTS
1.	SESSION 1		<ul style="list-style-type: none"> <li>Session of 35 minutes</li> </ul>
1.1.	<b>It's high time for women: how female climbers have performed in the Himalaya from the first ascents to the present day – 25'</b>	Billi Bierling, Mountaineering journalist and contributor to the Himalayan Database	<ul style="list-style-type: none"> <li>Contact: <a href="mailto:billibierling@gmail.com">billibierling@gmail.com</a></li> </ul>
1.2.	Q&A – 10'		
2.	SESSION 2		<ul style="list-style-type: none"> <li>Session of 55 minutes</li> </ul>
2.1.	<b>AMS/HACE and Women - what we need to know – 15'</b>	Mia Derstine, MD, Wilderness Medicine Fellowship trained Emergency Medicine Physician	<ul style="list-style-type: none"> <li>Contact: <a href="mailto:miaderstine@gmail.com">miaderstine@gmail.com</a></li> </ul>

2.2.	<b>Does sex make a difference to HAPE susceptibility and performance? - 15'</b>	Jacqueline Pichler Hefti, MD, Pneumologist, Sports Medicine Specialist, Swiss Sportclinic	<ul style="list-style-type: none"> <li>Contact: <a href="mailto:jacquelinepichler@gmx.net">jacquelinepichler@gmx.net</a></li> </ul>
2.3.	<b>Can psychology help explain sex differences in mountain medicine?– 15'</b>	Alison Rosier, UIAA Medical Commission & Psychologist	<ul style="list-style-type: none"> <li>Contact: <a href="mailto:alison.rosier@gmail.com">alison.rosier@gmail.com</a></li> </ul>
2.4.	Q&A – 10'		
3.	<b>SESSION 3</b>		<ul style="list-style-type: none"> <li>Session of 60 minutes</li> </ul>
3.1.	<b>Cycle Control and Contraception at Altitude– 15'</b>	Linda E Keyes, MD, University of Colorado, Adjunct Associate Professor	<ul style="list-style-type: none"> <li>Contact: <a href="mailto:linda.keyes@aya.yale.edu">linda.keyes@aya.yale.edu</a></li> </ul>
3.2.	<b>Pregnancy and Mountain Travel – 15'</b>	Linda E Keyes, MD, University of Colorado, Adjunct Associate Professor	<ul style="list-style-type: none"> <li>Contact: <a href="mailto:linda.keyes@aya.yale.edu">linda.keyes@aya.yale.edu</a></li> </ul>
3.3.	<b>UIAA MedCom Recommendations: addressing the (lay) climbing community – 15'</b>	David Hillebrandt, MD, UIAA Medical Commission & General Medical Practitioner	<ul style="list-style-type: none"> <li>Contact: <a href="mailto:davidhillebrandt1@gmail.com">davidhillebrandt1@gmail.com</a></li> </ul>
3.4.	Q&A and what we learned – 15'		