

## Romanian Alpine Club - Branch Cluj | Departments for Youth, Hiking and Mountaineering



# UIAA YOUTH MOUNTAINEERING CAMP

August 27th - September 3rd, Făgăraș Mountains, Romania

The main goal of this 7-day event is explore and discover the multitude of secondary ridges in the high alpine environment of the Făgăraș Mountains, also known as the Transylvanian Alps. The majority of routes chosen for this undertaking will require the implementation basic scrambling and/or climbing as well as the use of mountaineering gear.

**Date:** 27th August 2023 - 3rd September 2023

**Place:** Făgăraș Mountains; Start- and Endpoint at Bâlea Lake, 204 km from Cluj-Napoca, 66 km from Sibiu

**Transportation:** Pick-up and transfer will be provided by the Romanian Alpine Club from Cluj-Napoca or Sibiu

**Participants:** The number of spots available is for **8 persons** in the age group **18 - 30 years old**. Participants should be comfortable in climbing UIAA grade IV and have basic knowledge in abseiling (if opting for the harder routes; easier alternative routes will be available).

**Staff:** Activities will be performed under the supervision of an authorized mountain guide and qualified assistant tour leaders.

**Costs:** The event is free of charge. However, participants will have to cover their own expenses for transport (to and from Romania), accommodation and food. Estimative prices in RON and EUR equivalent:

- Accommodation and food (dinner & breakfast) at Bâlea Tunel Refuge 150 RON (30 EUR)
- Cable car tickets for eventual access/descent 100 RON (20 EUR)
- Miscellaneous 100-150 RON (20-30 EUR)

**Travel Insurance:** Participants need a valid travel insurance covering outdoor activities in case of accident, rescue, third party liability and travel. **A copy of each insurance should be presented to the organizers on arrival.**

**Equipment:** Climbing helmet, climbing harness, belay device (for rappel usage; i.e. not GriGri), personal anchor, 3-4 carabiners, prusik loop, 2 slings (60cm & 120cm), hiking boots, backpack, sleeping system (tent, sleeping pad & sleeping bag -5 to 0 degree Celsius), clothing, cookware (stove, fuel & cooking pot), headlamp, sunscreen, water recipient, food (7 days)



### Contact

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## Itinerary

### Sunday, Aug. 27th - Day 0

Pick-up and transfer to Bâlea Lake. Short hike over the Capra saddle and regrouping at Capra Lake where our Base Camp will be installed for the first part of the tour.

### Monday, Aug. 28th - Day 1

8-9h circuit through the Doamnei Valley and back via the Buteanu ridge - the ridge section implies a technical approach where participants will be roped up.

### Tuesday, Aug 29th - Day 2

10-12h circuit in which we'll cross the Buteanu ridge of the day prior, descent into the Arpășel Valley and then back on the Albota ridge. Sections of the Albota ridge implies roping up.

### Wednesday, Aug. 30th - Day 3

Vârtopel-Arpășel ridge (east to west). A classic and iconic alpine route of the Făgăraș Mountains in which our full technical gear will come in handy due to its high exposure, climbing passages and 4 abseils. Est. time: 6-7h.

At the end of the day, we'll pack our gear and move to Bâlea Tunel Refuge/mountain hut. Here, our heavier climbing gear can be deposited for the rest of the tour.

### Thursday, Aug. 31st - Day 4

Transfer day. We will hike towards Buda Lake, where we'll install our camp for the next 2 nights. We intend to hike up for the sunset on Arpașu Mic Peak if the weather is clear. Est. time: 5-6h.

### Friday, Sep. 1st - Day 5

8-9h circuit of the Buda valley via Arpașu Mic Peak, Mircii ridge and Râiosu Peak with its bizzare white limestone formations.

### Saturday, Sep. 2nd - Day 6

10-12h transfer day with our backpacks southbound over the peaks of Buda, Râiosu, Mușeteica and Piscul Negru. From there we will cross the Capra valley and install our last camp in the Platinu meadow.

### Sunday, Sep. 3rd - Day 7

6-7 h day in which we will climb Paltinu Peak via Pisica ridge from where we'll have a great overview of most of the crests, peaks and ridges we passed in the last couple of days. Final descent from Paltinu towards the parking lot at Bâlea Lake and a short detour to Bâlea Tunel to recover our technical equipment.

**Observations:** The tour implies long hiking days (80-90 km cumulated) at high altitude (above 2000m elev.) and a total elevation gain of more than 7000m. Hence, the difficulty level for this trip is assessed as hard. Intended routes will pass exposed terrain where the usage of minimalist mountaineering equipment will be applicable. The usage of the full mountaineering equipment is mandatory for the more technical routes. Resupplies with provisions such as food will be possible at the middle of the tour.

### Important!

Participants from outside the European Union will have to assure that travel and entry conditions are fulfilled prior to their departure.

We strongly advise you to contact your country's embassy in Romania or consult the Ministry of Foreign Affairs of Romania regarding entry requirements: [www.mae.ro/en](http://www.mae.ro/en)

### Registration deadline: **31st July 2023**

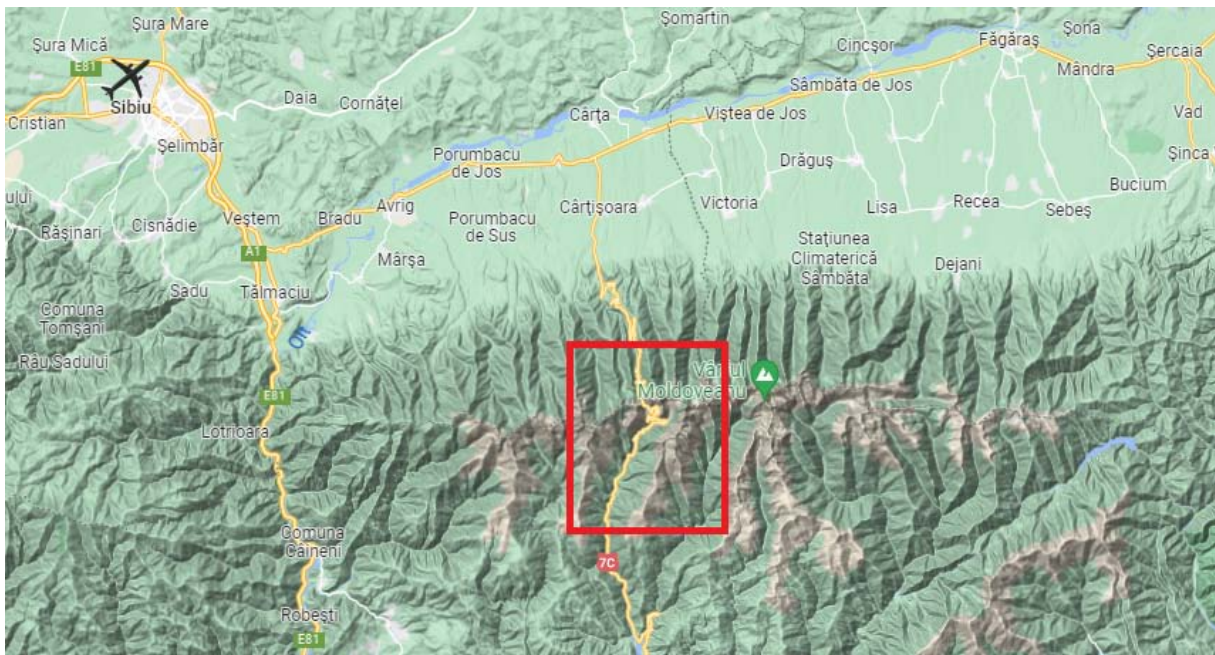
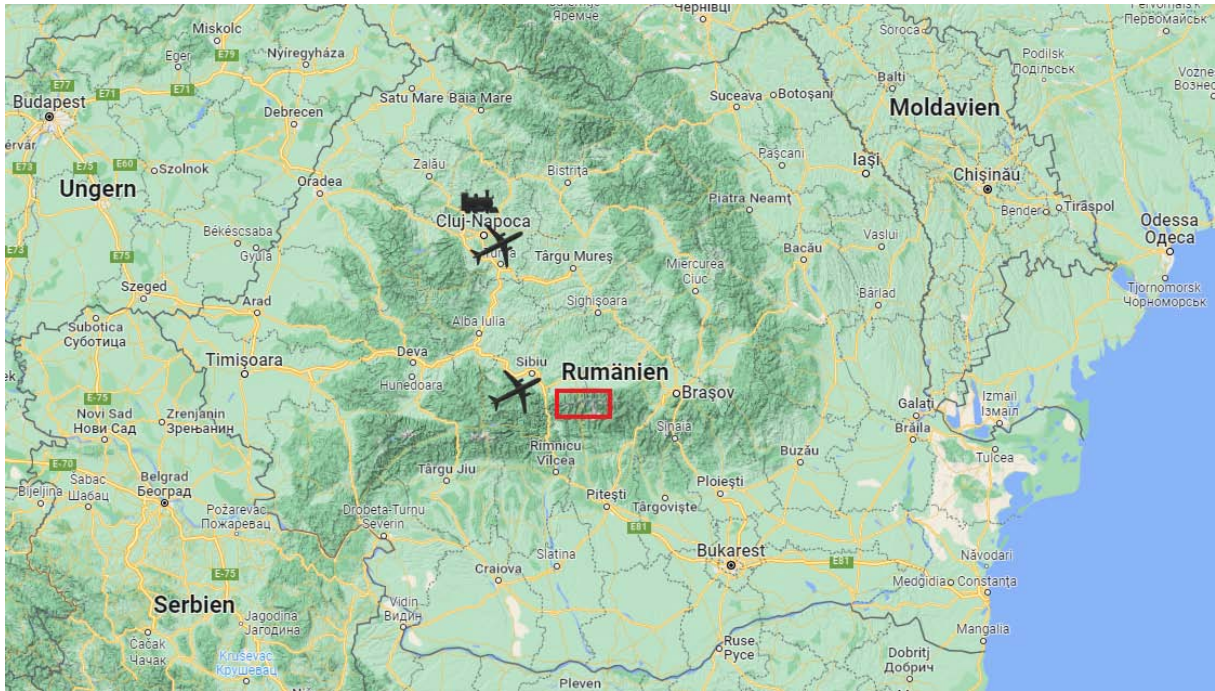
Due to the limited amount of spots available (8), priority will be given to first demanders.

### Contact

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